



## 07 NIGHTS – 08 DAYS TOUR

### International Police Association Friendship Week Tour in Sri Lanka

7 July 2018    AIRPORT / COLOMBO (Approx. 45 mints)

Garlanded welcome upon arrival at Colombo airport.

Check in at hotel and relax.

#### COLOMBO

“Sri Lanka’s commercial capital and major port – Colombo, is a fine amalgamation of all the hues and cultures within this paradise isle. This chic metropolitan that accommodates skyscrapers, sandy beaches and a collage of markets and gardens, brings together the many facets of this island nation. If you are on a tight schedule, you would definitely appreciate the many opportunities Colombo offers



for fine-dining and shopping, not to mention the overarching beauty of the city’s rapidly developing landscape; a perfect combination of well-preserved colonial architecture and urbanity. Meanwhile, if you are free to spend a few days in the city you will be amazed by the many cultural and historical wonders located within locales such as Fort and Cinnamon Gardens. The bustling market



streets of Pettah also make up for an interesting place of visit”

**Evening:** Join for an amusing Sing a long and a gala dinner arranged by the IPA of Sri Lanka .

**Overnight:** Galadari Hotel, Colombo

<http://www.galadarihotel.lk/>



08 July 2018    COLOMBO - PINNAWALA (Approx. 02 ¾ hrs.) | PINNAWALA - KANDY (Approx. 01 ½ hrs.)

Early breakfast in hotel.

Check out by **0730 hrs** and leave for Kandy by tour coach. En route, visit Pinnawala Elephant Orphanage. Pinnawala, located about 13 km northwest of Kegalle towards Kandy, is famous because of the elephant orphanage located in the area. It is a must-visit as it would definitely add an unforgettable experience to your stay in this paradise isle. Established in 1975, it operates as a nursery, orphanage and captive breeding ground for elephants.



Unlike many other elephant orphanages such as Udawalawe, visitors at Pinnawala are able to observe elephants, especially the baby jumbos up-close in their pens, being bottle-fed and bathed. You can even feed the baby jumbos upon paying a small fee for a feeding ticket! Most of the elephants accommodated at the orphanage are accustomed to the visitors, hence, are harmless.



After the visit you will enjoy an authentic Sri Lankan **lunch at Pinnalanda Restaurant.**

Proceed to Kandy. Do a sightseeing tour, drive around the lake and then walk in to bazars of Kandy and at the end of the visit, meet up at Queens hotel at an agreed time.

Enjoy a brief “tuk tuk” parade up to your hotel in Kandy.

Check in at hotel and relax.

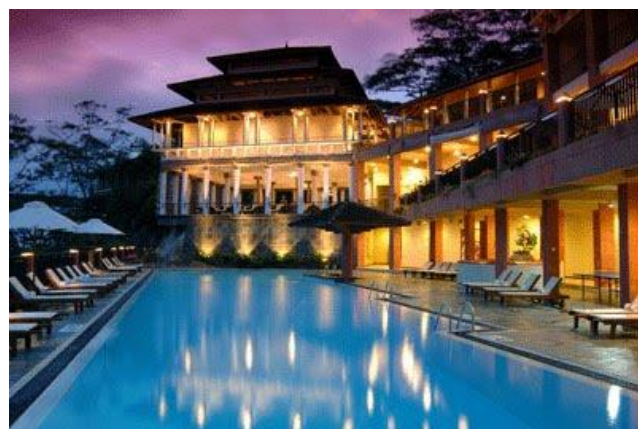


**KANDY** - Most often referred to as the hill capital of Sri Lanka, Kandy offers a diverse variety of experiences to its visitors ranging from history, culture and simple scenic beauty coupled with a touch of urbanity. It was the last Sinhalese Kingdom that fell under British rule in 1815. The journey to this mellow weathered city can be quite enjoyable, particularly by train owing to the scenic delights that lie alongside.

The city’s colonial architecture has been preserved well even in the backdrop of rapid urbanization. Close to the city’s center is the prime landmark - Sri Dalada Maligawa that houses the sacred tooth relic of Buddha. Apart from the ancient monuments of the Kandyan era, the delightful jumble of antique shops and the bustling market in the city also make up for interesting places of visit.

Return to hotel refresh and witness a private cultural dance show arranged in the hotel.

Cultural show is one of the most famous event / sightseeing available for the foreigners in their visit to Sri Lanka. This spontaneous event upheld the Sri Lankan Folk-lore dance which prevailed from the history. It shows the uniqueness of the Sri Lankan dance performances and the drummers who are very unique to Sri Lanka. As the final event in the Cultural show, walking on fire is done with the everlasting faith towards the god.



Dinner buffet at Thilanka Hotel

**Overnight: Thilanka Hotel, Kandy**  
<https://thilankahotel.com/>



[09 July 2018](#) [KANDY – GIRAGAMA \(Approx. 45 mints\)](#) | [GIRAGAMA – MATALE \(Approx. 01 ¾ hrs.\)](#) | [MATALE – DAMBULLA \(Approx. 01 ¼ hrs.\)](#)

Breakfast in hotel.

Check out from hotel at **0800hrs** and leave for Dambulla, visiting a Tea factory in Giragama where you will take part in friendly tea plucking competition.

Proceed to Matale visit a spice garden in Matale where you will be having **lunch at Isiwara Spice Garden / restaurant.**



**Spice Garden** - Since time immemorial, this emerald isle has remained popular for its exotic spices, world over. To those who bear an interest in these rich elements that stirred the interests of many nations, the spice gardens located in Kandy, Matale and Mawanella offer wonderful opportunities to view these spices up-close.



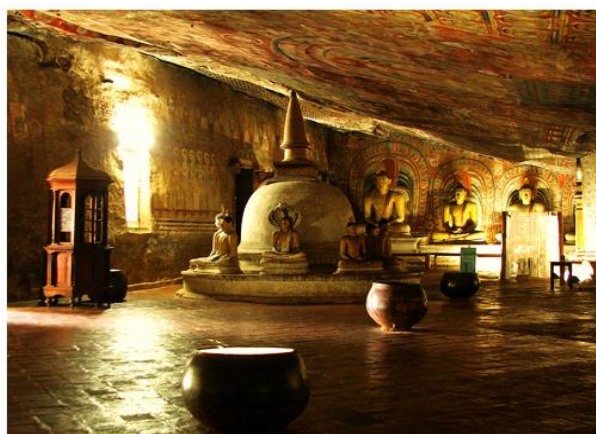
The gardens are not only delightful spots for a stroll midst the fragrant greenery but also offer interesting perspectives into the local spices, as the visitors are educated on the diverse variety of spices available in the country as well as on how they are grown and processed. One can even purchase the spices and the various traditional remedies, cosmetics and exotic herbal brews produced off them. Some of the gardens also offer dine-in options where the visitors are offered the best of local culinary and flavors and Ayurveda massages, performed using natural products of the

gardens.

Proceed to Dambulla.

Arrive in Dambulla and visit the Cave temple in Dambulla.

**DAMBULLA** - Located in the Matale district, Dambulla is part of the cultural triangle and is home to the world famous Dambulla cave temples. The cave temples complex that lies atop a massive hill on the edge of the town is one of the eight UNESCO world heritage sites in the country and is renowned for its unique mural

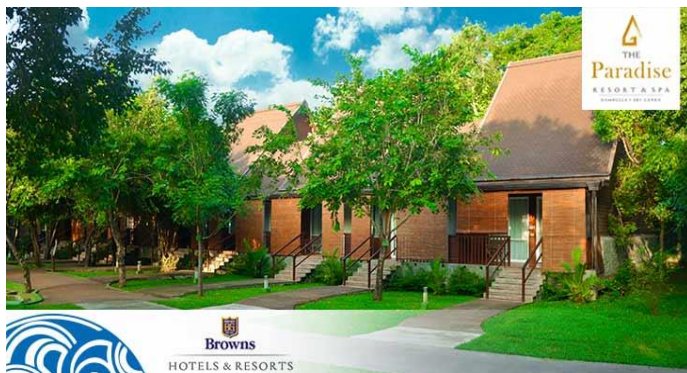


paintings and sculptures. If you are not a history-buff, fret not, because there is more to Dambulla.

Check in at hotel and relax.  
Dinner buffet at Paradise Resort

**Overnight: The Paradise Resort & Spa**

<http://www.browshotels.com/paradise/>





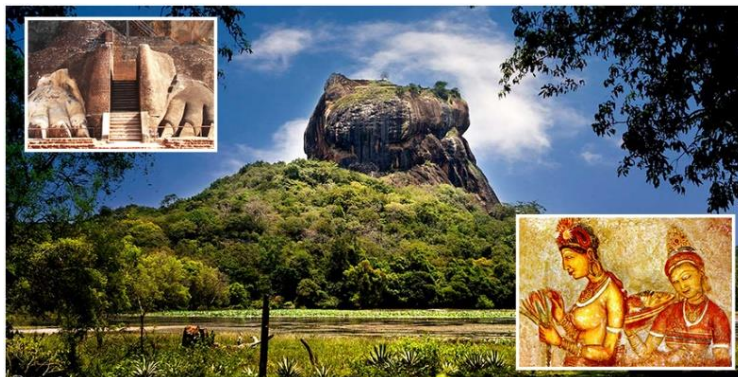
[10 July 2018](#) [DAMBULL – SIGIRIYA \(Approx. 20 minutes' drive\)](#) | [SIGIRIYA – MINNERIYA \(Approx. 30 - 45 minutes' drive\)](#) | [MINNERIYA – DAMBULLA \(Approx. 45 minutes' drive\)](#)

Breakfast in hotel.

By 8.00 am proceed to Sigiriya to visit the rock fortress of Sigiriya which is a UNESCO world heritage site.

Climb **Sigiriya** and explore the 5th century Sigiriya Rock Fortress which is a world heritage site, built by King Kashyapa (477-495 AD). The 'Lion Rock' is a citadel of unusual beauty rising 200 meters from the scrub jungle. The rock was the innermost stronghold of the 70 hectare fortified town.

A moat, rampart, and extensive gardens including the renowned water gardens ring the base of the rock. Visit the world-renowned frescoes of the 'Heavenly Maidens' of Sigiriya, which are in a sheltered pocket of the rock approached by a spiral stairway. These frescoes are painted in earth pigments on plaster.



#### Lunch at Zinc hotel Sigiriya



Thereafter, leave for Minneriya National Park enjoy a jeep safari (Maximum 06 passengers in a jeep)

**Minneriya** - Minneriya, located in the backwoods of the North Central Province is home to the famous Minneriya National Park that shelters some of the greatest wildlife treasures of this paradise isle. The park, nourished by an ancient man-made tank provides shelter for troupes of toque monkeys, sambar deer as well as leopards, elephants and bird-flocks including little cormorants and painted storks to name a few. It is also renowned for the 'Sixth Greatest Wildlife Spectacle of the World' – the amazing phenomenon of the 'Minneriya Elephant gathering' that occurs annually during August – September. The best time to visit the park is during June – September as the low water levels of the tank exposes grass in the tank-bed, which attracts herds of grazing animals.

Return to hotel for dinner and overnight stay.

#### Overnight: The Paradise Resort & Spa

[11 July 2018](#) [DAMBULLA – PASIKUDAH](#)  
(Approx. 03 hrs drive)

Breakfast in hotel.

By 8.30 am check out from hotel and join for a village tour.

This visit of one of the villages in Sigiriya area exposes the participants to an authentic village experience starting with





a bullock cart ride and ending with a canoe ride. The village tour is bound to give you a chance to explore the village and the lifestyles of the people who live here.



Proceed to Polonnaruwa and Visit the ruins of ancient kingdom.

lie on the east shore of the ancient man-made lake - Parakrama Samudraya (literal translation – sea of Parakrama). Peddling one's way around the sites is the best way to observe and appreciate their antiquated glory as the sites are a little too overwhelming to explore just by foot. Those who aren't particularly history fanatics can choose the option of visiting one of the several national wildlife parks located in close proximity to Polonnaruwa and enjoy observing the local wildlife in their natural habitats, undisturbed.

### Lunch at The Lake Hotel - Polonnaruwa

Proceed to Pasikudah

**Passikudah** - Passikudah is a pristine beach stretch located along the Eastern coast of Sri Lanka that offers its travellers a refreshing beach holiday. The unspoilt beauty of the paradisiacal coasts of Passikudah - the white, sandy beaches and the calm, turquoise waters are unrivalled. Since its coastlines are shallow and the currents are comparatively weak, it is considered one of the most perfect and safest spots for sea baths. The best time to visit the east coast is between May and October. One of the latest additions to the local tourist itineraries, it offers accommodation options of all choices ranging from comfortable hotels to star class resorts. Check in at hotel and relax.



Dinner buffet in Hotel.



Overnight: The Calm Resort & Spa

<http://www.browshotels.com/calm/>



12 July 2018 PASIKUDAH

Breakfast at hotel.

Full day at leisure by the beach.

**Meals:** Breakfast, Lunch & Dinner at Hotel

*You can engage in water sports activities making your bookings directly with the water sports centre.*

**Overnight:** The Calm Resort & Spa



13 July 2018 PASIKUDAH – COLOMBO (Approx. 06 - 07 hrs drive)



Early breakfast in hotel.

by 0800 **hrs** check out from hotel and leave for Colombo via Dambulla.

Stopover for **lunch at Gimanhala Restaurant**

Proceed to Colombo.

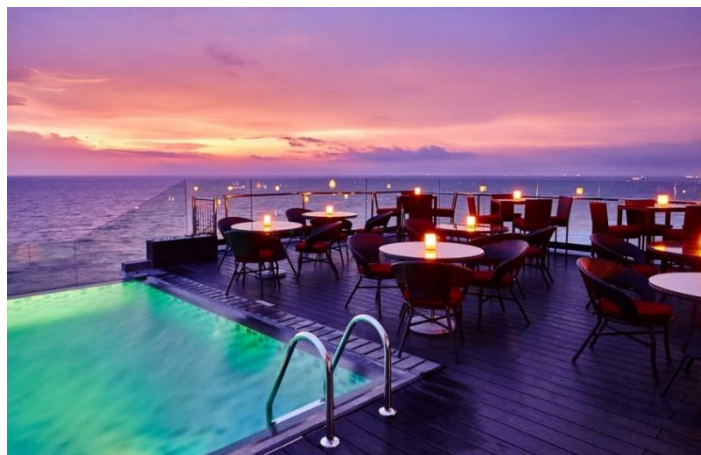
Arrive and check in at hotel in Colombo.

Evening do some shopping in city.

Dinner buffet in hotel.

**Overnight:** OZO Colombo

<http://www.ozohotels.com/colombo-srilanka/>



14 July 2017 COLOMBO - AIRPORT (Approx. 45 mints)

Breakfast at hotel.

**Check out at hotel 1100 hrs**

(Please note: you need to be at Colombo airport 3 hrs. before flight time)

**End of services**



### **Hotels included**

<b>DATE</b>	<b>City / Location</b>	<b>Hotels</b>
Day 01	COLOMBO	Galadari Hotel (4*) <a href="http://www.galadarihotel.lk/">http://www.galadarihotel.lk/</a>
Day 02	Kandy	Thilanka Hotel, Kandy (4*) <a href="https://thilankahotel.com/">https://thilankahotel.com/</a>
Day 03 & 04	Dambulla	The Paradise Resort & Spa (4*) <a href="http://www.brownshotels.com/paradise/">http://www.brownshotels.com/paradise/</a>
Day 05 & 06	Pasikudah	The Calm Resort & Spa (4*) <a href="http://www.brownshotels.com/calm/">http://www.brownshotels.com/calm/</a>
Day 07	Colombo	OZO, Colombo (3*+) <a href="http://www.ozohotels.com/colombo-srilanka/">http://www.ozohotels.com/colombo-srilanka/</a>

### **Value added services on Complementary basis**

- ✓ **Free Mobile sim card on arrival (Passport details to be given for ownership transaction)**
- ✓ **Wheel Chair for People with a disability (on request)**

### **Package Inclusions:**

- Garlanded welcome upon arrival at Colombo Airport
- 01 mineral water bottle per person per day
- Transportation in Ac luxury coaches according to the above given program
- Services of an English-speaking tour guide
- Listed Site visits according to the program
- Accommodation at the hotels mentioned
- Breakfast and dinner in hotels as per the given plan
- Lunches as per the program
- Pinnawela entrance fee.
- Polonnaruwa entrance fee
- Minneriya Jeep safari and entrance fees
- Entrance fees to Dambulla cave
- Entrance fees to Sigiriya
- Entrance fee to Kandy temple
- Private cultural dance show
- Tuk tuk parade
- Village visit
- Handling fees and Government Tax
- Gifts /souvenirs per each person
- Our care and attention

### **The Price is Exclusive of**

- Entrance fees to all the sites NOT mentioned in the programs.
- Early check in or late checkout charges.
- Lunch on day 1 and day 8
- Toll charges.
- Camera or Video permits.
- Expenses of a personal nature.



- Any Increase in the rate of exchange leading to an increase in all land arrangements which may come in to effect prior to departure.
- Porterage, laundry, wines & alcoholic beverages, mineral water (unless specified), telephone charges, shopping, all items of personal nature and also food and drinks not forming the part of the group menus.
- Any extra expenses incurred for changing the route due to any unforeseen circumstances, forced majeure instances, natural calamities, political disturbances, strikes etc.
- Extra cost incurred due to illness, accident, hospitalization or any Individual unforeseen cost incurring incidence.
- Water sports activities in Pasikuddha
- Any private transfers taken to move from one place to another instead of coach

**IMPORTANT**

- All transfer times mentioned above are subject to variations depending on traffic flow and road conditions.

**VISA:**

Please note the new visa procedure implemented by the Department of Immigration/Emigration for all tourists arriving to Sri Lanka effective from the 1<sup>st</sup> January 2012. It has been made mandatory that all tourists fill in the ETA form on-line and apply for your visa prior to arrival. For more information, visit [www.eta.gov.lk](http://www.eta.gov.lk)

The Government of Sri Lanka has revised the proposed on-line visa fee that will be levied from the 1st of January 2012. Members of SAARC nations will be charged US \$ 10 for on-line visas while non-members will be charged US \$ 20.

**Tips, porter age & Gratitude**

We always encourage our clients to offer drivers tips or gifts for satisfactory services, if they wish. Tipping drivers/ guides is accepted practice, and it is especially beneficial on long tours when drivers may be away from home for long periods. However, drivers must under no circumstances insist on a tip or gift for work undertaken on our itinerary.

**Other as below**

Restaurant Staff – A 10% service charge is usually included in bills for food in more established restaurants. However the waiter/ waitress will expect a small tip. If a 10% service charge is included in the bill, a tip of \$1 or \$2 will be sufficient. If

you receive exceptional service, add another 5% – 10%. If you are staying at a high-end hotel with a personal butler, tip him about \$10 per day.

Housekeeping, bell desk & maintenance staff – A tip of \$0.50 cents or \$2 for the porter/ bell boy per bag (depending on distance to your room). Airport porters usually have the rate marked on their vests – about Rs. 50 per bag – this is not really a tip but more like a ‘service charge’. The room boy/ maid & pool boy will expect about \$4 – \$5 per week.

**Temples & places of interest** – The man who looks after your shoes at temples will require a small tip. The resident monks in some smaller temples will show you around and expect a ‘donation’ – in such cases you can buy a ‘ticket’ from a layperson or place the tip in the ‘donation box’. If you visit Pinnawela Elephant Orphanage and want to take photo or bottle feed a baby elephant – you’ll need to cough up a ‘tip’. Always check with your guide before snapping a picture.

Transport – taxi cabs & tuk tuks run on a fixed price, so tipping is not required.

A 1 US\$ bill is roughly equal to Rs. 155, so giving this as a tip is also well received by the locals. Don’t get overwhelmed by all the tipping advice, after all it’s purely discretionary.

**Electricity**

Plug type	Pins	Amps	Plug base compatibility
UK (Type G)	3 rectangular pins	13 Amps	Accepts Type C (by tricking Earth socket). Need an adapter to accept Type D
Euro plug (Type C)	2 round pins	5 Amps	Compatible with Type G and Type D (by tricking Earth socket).
India (Type D)	3 round pins*	5 Amps	Accepts Type C (by tricking Earth socket). Need an adapter to accept Type G





### **Prohibited Articles**

The import of prohibited articles such as dangerous drugs, live plants, gold/silver bullion and coins, not in current use, is either totally prohibited or restricted. The law provides heavy penalties for the infringement of this restriction. Also, by law, visitors are banned from taking antiques and wildlife products out of the country—any infringement is punishable by fines and imprisonment.

### **Dress**

Sri Lanka is a very casual country, so no smart attire is required at any of the hotels. That said, you may like to change for dinner at certain hotels—simply to make it more of an occasion. This is a personal decision.

Because of the tropical climate light cotton and linen clothing is ideal. You will need some sturdy shoes for the climb up Sigiriya Rock, and on safari muted colors are best. Because of the heat we recommend you carry a sun hat and sunglasses at all times. We also suggest you pack some form of waterproof jacket as rain is always a possibility in Sri Lanka. A pair of socks to wear whilst visiting temples is also recommended, as shoes are not permitted and the ground can get blisteringly hot

### **Currency**

Sri Lanka's currency is the 'Rupee', abbreviated as 'Rps'. Rupees. Notes (Bills) are in denominations of 10, 20, 50, 100, 500, 1000, 2000 AND 5000 Rupees. It is not possible to purchase Sri Lankan Rupees outside of the country. To check the current exchange rate we suggest : [http://www.cbsl.gov.lk/hm/english/cei/er/e\\_1.asp](http://www.cbsl.gov.lk/hm/english/cei/er/e_1.asp)

Foreign Exchange

Visiting foreigners can exchange money at international airports where 24-hour exchange facilities are available, through banks and approved money changers. There are also ATM machines in Dambulla, Kandy and Galle.

Travelers Cheques /Credit Cards

Travelers' Cheques should be of well-known brands like Thomas Cook, American Express and Visa. The hotels generally accept Major Credit Cards like American Express, Master Cards, Visa, etc, including hotels, shops and airlines.

### **Photography**

Visitors to Sri Lanka find varied subjects for photography including people, monuments, wildlife, festivities, and landscapes. Note, however, that whilst most people are very happy to have their photograph taken, permission should be sought before handout of common courtesy. No money should ever exchange hands as it is not the Sri Lankan way.

### **Visiting Places of Worship**

Removing one's shoes before entering any temples is essential. Do not wear shorts, short skirts or sleeveless tops in places of public worship.

### **Sri Lanka's Climate**

Sri Lanka has a year round tropical climate which offers warmth and sunshine throughout the year. In Colombo and the west coast, noon temperatures range between 28-32C in Colombo and peak in April, which can be quite uncomfortable humid, before the monsoon rains. Up in the hill country, daytime temperatures average about 10C cooler. Humidity ranges between 70-90 percent in Colombo, lower in the highlands and cultural triangle. Ocean breezes also moderate temperatures on the coast, making travel even in the hottest months tolerable.

However as is the case worldwide the monsoon is becoming increasingly unpredictable, and the traditionally wet months often go a week or more without any rain. Sri Lanka averages about 240cms. But figures vary widely from region to region. The North and East coast experiences its monsoon from December to February, whilst the south west monsoon affects Colombo and further south in May and June.